

### McCeda Madison County Community Economic Development Agency

Presents its Summer 2014 Healthy Living Workshop and Forum

The goal of the forum is to provide education, instruction, and insight to improve the health and well-being of Madison County residents: High Blood Pressure, Cholesterol, Heart Disease, Stroke, Diabetes, HIV/AIDS

# FREE 2014 HEALTHIER LIVING WORKSHOPS AND FORUM

Saturday, July 19, 2014; 8:00am-12:00pm

Honeylake Resort and Spa Greenville, Florida (Light refreshments will be served)





# Free Health Screenings:

- High Blood Pressure
  - Diabetes

## Free Seminars/Workshops:

Eating Well: Healthy Cooking and Eating Avoiding All Types of Scams Helping Your Kids Stay Safe Saving, Budgeting, and Money Management

Event Hosting Partners: Mt. Zion AME Church, Madison; Rev. Charles Evans, Pastor Allen Chapel AME Church, Greenville; Rev. Ernest Washington, Pastor Leon County Health Department, 2B Prevention & Control Team, Deveda Bellamy, MAC

#### Partners include:

Winn Dixie Jefferson County IFAS Extension Services

CVS Pharmacy Madison County Central School

Piedmont Physicians Office Literacy Institute for Financial Enrichment (LIFE)

Skillfully Sculpted, Fitness Trainers Raymond James Financial Services, Inc.
Orlando Police Department Florida Department of Motor Vehicles

North Florida Junior College